

learning to leadTM



TOTAL COMMITMENT 8 Hours

WEEKLY COMMITMENT 2 Hours

DURATION 4 Weeks

learn your

leadership potential

Learning to Lead™ is designed for self-identifying young women and gender diverse youth in grades 10-12. Participants gain confidence through interactive workshops and activities that help them discover their authentic self and construct a leadership identity. By practicing tangible skills in a supportive environment, participants will leave the program with a deeper belief in themselves and their ability to make positive changes in their lives and the lives of those around them.

LEARNING OUTCOMES

- Discover your leadership potential and develop the confidence to take meaningful action
- Connect with your authentic self, reflect on what's important, and practice the skills that will help you achieve your goals
- Learn to identify your values and leverage strengths to step into your leadership potential
- Grow your confidence by practicing sharing ideas, taking risks, and learning to embrace your unique self
- Build lasting connections with like-minded peers and mentors

PROGRAM OVERVIEW

- 4 facilitated sessions + free leadership workbook
- Mentor session to connect with mentors from a variety of different career fields

When I joined Learning to Lead, so many things began to blossom and change.

My confidence grew, more opportunities came to me, and I felt overall stronger. I feel that I have been given the skills to allow myself to keep growing. Minerva gave me the space and permission to believe in myself."

- Program Alumna



100% SAY THEY HAVE A DEEPER UNDERSTANDING OF THEIR UNIQUE **STRENGTHS**



94% SAY THEY EXPERIENCED A STRONG SENSE OF COMMUNITY IN THE **PROGRAM**



94% SAY THEY ARE MOTIVATED TO GET MORE INVOLVED IN THEIR SCHOOL OR **COMMUNITY**



W MINERVA

We specialize in delivering high-impact programs that equip women and girls with the knowledge and tools they need to step into their full leadership potential. Minerva also supports the business and wider community in implementing attitudes and systems that champion women's achievement and propel them into leadership positions.



GET IN TOUCH

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For Program Information:

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For Partnership Opportunities:

Contact Ashley Milbury (Youth Programs Manager) ashley@minervabc.ca